

Trainingsplan - gültig ab 22.08.2022

	Saal 1	Saal 2	BIS	FAS	HAG	HÜH	OHG
MONTAG							
10:00 - 11:00							
16:15 - 17:15	Ballett 1 (PS)	Yoga (MS)					
17:30 - 19:00							
19:00 - 20:00	Discofox (BW)	Yoga (MS)					
19:30 - 21:00							
19:30 - 22:00							
20:00 - 22:00	JMD					Madley (LH)	
DIENSTAG							
8:45 - 10:15		Yoga (MS)					
10:30 - 12:00		Yoga (MS)					
15:30 - 16:30	JMD SD	Ballett V (LH)					
16:30 - 17:30		Ballett III (LH)					
17:30 - 18:30	Sunshine (LH)						
18:00 - 19:00							
19:00 - 20:00	Discofox (EG)						
19:30 - 20:30		Yoga (VO)					
20:00 - 21:45	GSK I (KR)						
MITTWOCH							
15:30 - 17:00	SD-JMD (LH)						
17:00 - 18:00	Maravilla (LH)						
18:00 - 19:00		Technikgruppe (NB)					
18:00 - 19:30	Courage (LH)						
19:30 - 20:45	Fortuna (LH)	Yoga (VO)					
20:45 - 21:45							
DONNERSTAG							
15:00 - 16:00							
16:00 - 17:00							
17:00 - 18:00							
18:00 - 19:00	Linedance 1 (SP)						
19:00 - 20:00	Linedance 2 (SP)						
20:00 - 21:00	Shuffle Dance						
20:00 - 22:00					Madley (LP)		
FREITAG							
17:00 - 18:00	Kindertanz 1 (SS)						
18:15 - 19:15	Zumba (NF)						
19:15 - 20:45	Standard/Latein		JMD				
20:30 - 22:00							
SAMSTAG							
8:45 - 10:45							Sunshine (LH)
9:00 - 10:00	Kindertanz 2 (PS)						
9:00 - 11:00							
10:15 - 11:15	Tanzmäuse (PS)						
10:00 - 13:00				Madley	Maravilla (LP)		
10:45 - 12:45							Maravilla (LH)
11:30 - 12:30							
11:30 - 13:00	Breitensport (PS)						
11:00 - 13:00					Sunshine		
12:45 - 15:00							
13:00 - 15:00					Maravilla		Solo / Duo (LH)
SONNTAG							
11:00 - 14:00							JMD
18:00 - 19:30	TG-STD						
19:30 - 21:00	GSK II (EG)						